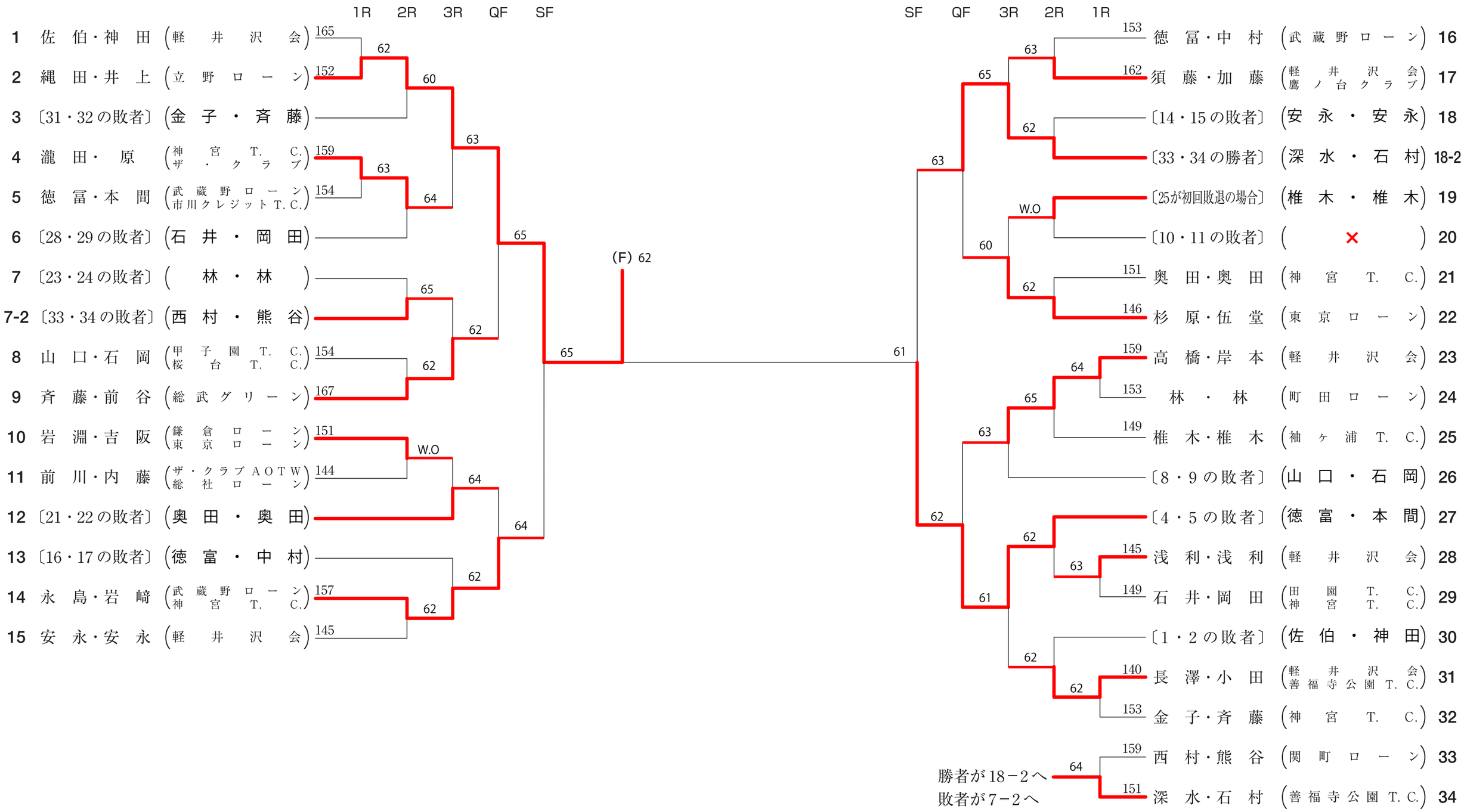グ　ラ　ン　ド　ベ　テ　　ラ　ン　ダ　ブ　ル　ス